

Peaceland Medical Center (PIMC) Complementary Therapies Program  
is proud to present:

AN "INNER JOURNEY" COLLAGE WORKSHOP

## "IGNITING OUR INNER LIGHT"



*"I wish I could show you, when you are lonely or in darkness,  
the astonishing light of your own being." Hafiz*

WHEN: Saturday, January 24, 2015, 1:00-5:00 p.m.

WHERE: Peaceland Medical Center (PIMC) conference room

WHO: PIMC patients & their families

- \* Create a beautiful, unique collage for inspiration & for helping inform daily choices
- \* Tap inner wisdom & clarity, & rediscover the enduring light & power within
- \* Share the creative, self-discovery process & insights with others in a safe, nurturing environment

*All materials are provided. No art experience or talent is required.*

FACILITATOR: Deb Langhans, Wellness Educator & PIMC Complementary Therapies Program Reflexologist

Call **378-1738** to register for this free, specially designed workshop

*Please don't delay--space is limited.*