

# COMING TO FRIDAY HARBOR ELEMENTARY...

## America's Most Practical and Entertaining Parent Training *BECOMING A LOVE AND LOGIC PARENT*®

A parent training program designed by the Love and Logic® Institute, Inc.

Would you like to feel more confident as a parent?

Would you like to have more fun parenting?

Would you like to feel more relaxed at the end of the day?

Answers to:

- ♥ "How do I get them out of bed in time to catch the school bus?"
- ♥ "How can I stop my children from bickering and fighting?"
- ♥ "How do I get my children to help with the chores without an argument?"
- ♥ "Is there a way to discipline my toddler in public without creating a scene?"
- ♥ "How can I get my teenage daughter to come home at the agreed-upon time?"
- ♥ "How do I get him to stop spitting his peas and whining at dinner?"
- ♥ And many other day-to-day parenting challenges...

This parenting program is designed to give you practical skills  
that can be used immediately!

Dates: Tuesdays- October 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>nd</sup>, November 3<sup>rd</sup> and 10<sup>th</sup>

Time: 5:30pm-7pm

Location: Friday Harbor Elementary School  
95 Grover Street-in the library

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Please register me for your upcoming *Becoming a Love and Logic Parent*® class!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Childcare needed: YES or NO Number and age of children: \_\_\_\_\_

Please drop off registration in the Friday Harbor Elementary school office, or with the Love & Logic Facilitator.

Childcare provided by an elementary school employee and high school students in the Friday Harbor Elementary gym. A light snack will be provided.

If you have specific questions, please call or email the Love & Logic facilitator, Teresa Tilton MS, LMHC, at 360-370-7344 or [teresatilton@sjisd.wednet.edu](mailto:teresatilton@sjisd.wednet.edu).